

THE VILLA NEWS
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A Sure Way to a Happy Day
~ Helen Steiner Rice



Happiness is something we create in our mind,
It's not something you search for and so seldom find -

It's just waking up and beginning the day
By counting our blessings and kneeling to pray -

It's giving up thoughts that breed discontent
And accepting what comes as a "gift heaven-sent" -

It's giving up wishing for things we have not
And making the best of whatever we've got -

It's knowing that life is determined for us,
And pursuing our tasks without fret, fume or fuss -

For it's by completing what God gives us to do
That we find contentment and happiness too.

