

## VILLA NEWS

### Changing HVAC Filter Can Keep You Well Maintenance Tip Of The Month By Nat Turdo



Recently, each apartment here at The Villa had the air filter replaced in the HVAC (Heating, Ventilation and Air Conditioning) units. But what are the reasons for changing these filters?

For one thing, a clean air filter's main job is to filter the indoor air of particles and pollutants while helping the unit to run more efficiently. It can also filter out contaminants that trigger asthma or allergy symptoms.

Each time your heater or air conditioner runs, air is circulated through a system of vents that run throughout the building. As the air runs through the vents, tiny particles of dust that may carry impurities are caught in the filter before the air escapes into your room. Without an air filter, you would actually be inhaling these tiny particles.

There are various types of filters used in HVAC units. The filters that are used to service your system can remove up to fifty percent of contaminants that cause allergies, which is good news to anyone who may be sensitive to pollen, mold and dust (especially during the spring and fall months). Changing the filter is also most beneficial to those who smoke or have furry pets.

Although the above facts about your HVAC filters are the most important, the practice of changing them also saves money on furnace costs and electricity.